

# SPICE



Authentic Indian Cuisine

Air-Conditioned Restaurant

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1a Vicarage Hill, Flitwick, Bedfordshire

Telephone: (01525) 721705 - 721706

[www.flitwickspice.co.uk](http://www.flitwickspice.co.uk)

Alternative dishes can be prepared on request.

All dishes can be altered to suit your preferences.

The management reserves the right to refuse service, without giving any reasons.

We would welcome any suggestions you may have on improving our service.

Cheques accepted with a valid bankers card.

Prices are subject to change without prior notice.

A La Carte Menu

Welcome to

# SPICE

A restaurant which invites you to enjoy superb Indian Cuisine prepared by our experienced chef and served by our friendly staff in relaxed and comfortable surroundings.

We have created a menu encompassing authentic and innovative dishes using only the finest ingredients to which we have now added a selection of great fish speciality dishes.

We aim to prepare each dish according to the taste and preferences of individual customers. If you have any requests for dishes which are not on the menu, please ask, we will endeavor to prepare them for you.

All the dishes in our menu are made to order, so some dishes will take more time to prepare than others.

## Food Allergies

If you suffer from any food allergies, ie, nuts or dairy products etc, please let us know before placing your order.

Enjoy your meal.



## Vegetarian Main Courses

<b>Garlic Vegetables</b>	4.95
Fresh vegetables in highly flavoured garlic sauce.	
<b>Vegetable Dhansak</b>	4.95
Slightly hot, sweet & sour sauce with lentils.	
<b>Vegetable Kurma</b>	4.95
Fresh vegetables in mild and creamy sauce.	
<b>Vegetable Jalfrezi</b>	4.95
Fairly hot, with onions, capsicum and fresh chillies.	
<b>Vegetable Masala</b>	5.50
Fresh vegetables in special yoghurt sauce.	
<b>Vegetable Chilli Masala</b>	5.50
Prepared in fresh hot chillies and coriander sauce.	
<b>Vegetable Balti</b>	5.95
A variety of fresh vegetables in special balti sauce.	
<b>Spicy &amp; Hot Vegetables</b>	5.95
Selection of stir fried vegetables with fresh hot chillies	

## Vegetarian Side Dishes

<b>Vegetable Curry</b>	3.50	<b>Saag Bhaji</b>	3.50
Variety of vegetables in medium sauce.		Spiced spinach with a hint of butter.	
<b>Mixed Dry Vegetables</b>	3.50	<b>Brinjal Bhaji</b>	3.50
Variety of stir fried vegetables.		Spiced aubergine.	
<b>Bombay Aloo</b>	3.50	<b>Chana Masala</b>	3.50
Spicy potatoes.		Spicy chick peas with herbs & spices.	
<b>Aloo Gobi</b>	3.50	<b>Saag Panir</b>	3.50
Potato & cauliflower.		Fresh spinach with home made cheese.	
<b>Saag Aloo</b>	3.50	<b>Mattar Panir</b>	3.50
Spinach & potato.		Chick peas with home made cheese.	
<b>Cauliflower Bhaji</b>	3.50	<b>Tarka Dall</b>	3.50
Spiced cauliflower.		Lentils with fried garlic & coriander.	
<b>Mushroom Bhaji</b>	3.50	<b>Masala Dall</b>	3.50
Spiced mushrooms.		Lentils with herbs & spices.	
<b>Bindi Bhaji</b>	3.50	<b>Raitha</b>	2.25
Spiced okra.		Cucumber or onion in yoghurt.	

## Sundries

<b>Plain Rice</b>	1.95	<b>Pilau Rice</b>	2.25
Boiled rice.		Basmati rice with light spices & butter.	
<b>Special Fried Rice</b>	2.95	<b>Vegetable Rice</b>	2.95
Flavoured rice with egg & peas.		Flavoured rice with mixed vegetables.	
<b>Mushroom Rice</b>	2.95	<b>Keema Rice</b>	3.25
Flavoured rice with mushrooms.		Flavoured rice with minced lamb.	
<b>Plain Naan</b>	1.95	<b>Keema Naan</b>	2.50
Indian bread baked in a clay oven.		Stuffed with spicy minced lamb.	
<b>Peshwari Naan</b>	2.50	<b>Garlic Naan</b>	2.50
Sweet, stuffed with nuts and cream.		Topped with garlic butter & coriander.	
<b>Chilli Naan</b>	2.50	<b>Garlic &amp; Cheese Naan</b>	2.75
Hot, stuffed with chillies.		Topped with garlic & cheese.	
<b>Paratha</b>	2.40	<b>Stuffed Paratha</b>	2.75
Fresh Indian bread fried in butter.		Stuffed with vegetables fried in butter.	
<b>Chapati</b>	1.25	<b>Chips</b>	1.50
Soft, thin dry bread.		per portion.	
<b>Papadom</b>	0.60	<b>Chutney &amp; Pickles</b>	0.60
Plain or spicy, wafer thin fried crisp.		Per portion.	

## Spice Balti Specialities

"Balti" describes dishes which are unique & exquisitely flavoured with exotic ingredients achieving a sweet and tangy taste as well as being fairly spicy.

<b>Spice Balti Special</b>	8.75
Barbecued chicken in special sauce with a spicy minced lamb topping.	
<b>Chicken or Lamb Balti</b>	7.75
Chicken or Lamb in special balti sauce.	
<b>Balti Royal Bangalore</b>	8.25
Chicken or lamb pieces in balti sauce, fairly hot, sweet & sour with lentils.	
<b>Balti Royal Delight</b>	8.25
Breast fillets in special balti sauce blended with rich textured creamy sauce.	
<b>Balti Royal King Prawn Delight</b>	11.50
King prawns in special balti sauce with a rich textured creamy sauce.	
<b>Garlic Balti Tikka Masala</b>	8.25
Classic masala dish, flavoured with garlic and coriander in balti sauce.	
<b>King Prawn Balti</b>	10.95
Spicy king prawns in balti sauce.	
<b>Vegetable Balti</b>	5.95
A variety of fresh vegetables in special balti sauce.	
<b>Garlic Chicken or Lamb Balti</b>	8.25
Chicken or lamb highly flavoured with garlic and coriander in balti sauce.	
<b>Garlic King Prawn Balti</b>	11.50
Spicy king prawns flavoured with garlic and coriander in balti sauce.	

## Classic Dishes

<b>Korma</b> A mild dish served in a sweet and creamy sauce.	<b>Dansak</b> Hot, sweet and sour in a thick sauce with lentils.
<b>Madras</b> A fairly hot dish cooked in a spicy sauce.	<b>Saag</b> Prepared with fresh spinach and medium spices.
<b>Vindaloo</b> Cooked with pieces of potatoes in a very hot sauce.	<b>Methi</b> Highly flavoured with fenugreek, herbs & spices.
<b>Bhuna</b> Served in a spicy medium thick sauce.	<b>Lemon</b> Medium spiced with fresh lemon and ginger.
<b>Rogan</b> Cooked with lashings of tomatoes and capsicum, herbs and spices.	<b>Kashmir</b> Mild and creamy sauce with pineapple and lychees.
<b>Dupiaza</b> Medium spiced with fried onions topping.	<b>Garlic</b> Special thick sauce, highly flavoured with garlic.
<b>Pathia</b> Hot, sweet and sour dish cooked in a thick sauce.	<b>Jalfrezi</b> Fairly hot cooked with onions, capsicum and green chillies.

  

Chicken	£5.50	Lamb	5.95
Chicken or Lamb Tikka			7.75
Prawn			5.95
King Prawn			9.25

## Biriany Dishes

Prepared with flavoured basmati rice, accompanied by a vegetable curry sauce.

Chicken or Lamb Biriany	7.75
Vegetable Biriany	6.75
Prawn Biriany	7.95
King Prawn Biriany	9.95
Chicken Tikka Biriany	8.50
Special Mixed Biriany	8.75

## Drinks

<b>Britvic J20</b> Orange & passion, apple & mango, apple & melon, apple & raspberry.	1.95
<b>Britvic 55</b> Sparkling orange, sparkling apple.	1.95
<b>Perrier Water</b> 75 cl	2.95
<b>Still Mineral Water</b> 75 cl	1.95
<b>Coca Cola</b> per glass.	1.50
<b>Diet Coke</b> per glass.	1.50
<b>Fanta Orange</b> per glass.	1.50
<b>Lemonade</b> per glass.	1.50
<b>Orange or Pineapple Juice</b> per glass.	1.50
<b>Mango Drink</b> per glass.	1.50
<b>Blackcurrant Squash</b> per glass.	1.50
<b>Fruit Cocktail Drink</b>	1.75
<b>Tonic Water or Soda Water</b>	1.50

## Gourmet Set Meals

From Monday - Thursday: Dining in only

Choose from our extensive  
A La Carte Menu:

1 Starter, 1 Main Dish,  
1 Side Dish, 1 Rice or Naan & Coffee

Only **£11.95** per person

Specialities, lamb chops & mixed grill dishes £2.50 extra

Dishes £7.75 or over £2.50 extra

King Prawn & Fish dishes £3.50 extra

## Appetisers

<b>Onion Bhaji</b> Fried onion balls.	2.95
<b>Samosa</b> Pastry filled with minced lamb or vegetables.	2.95
<b>Prawn Puri</b> Lightly spiced bhuna prawns on fried bread.	3.95
<b>King Prawn Puri</b> Lightly spiced bhuna king prawns on fried bread.	5.25
<b>Chicken Tikka</b> Marinated chicken pieces barbecued in the tandoori oven.	3.50
<b>Lamb Tikka</b> Marinated lamb pieces barbecued in the tandoori oven.	3.50
<b>Tandoori Chicken</b> Spring chicken pieces marinated and barbecued in the tandoori oven.	3.50
<b>Sheek Kebab</b> Spicy minced lamb barbecued.	3.50
<b>Mixed Kebab</b> Selection of barbecued chicken, lamb & sheek kebab.	3.95
<b>Tandoori King Prawn</b> Marinated & barbecued king prawns.	5.25
<b>Tandoori Chops</b> Succulent pieces of lamb chops marinated & grilled in the tandoori oven.	4.25
<b>Spice Fish Cakes</b> Lightly spiced minced fish with spring onions, coriander and hint of chillies.	4.25
<b>King Prawn Suka</b> Cooked in delicious honey & tangy tamarind sauce.	5.25
<b>Garlic &amp; Red Onion King Prawns</b> King prawns lightly spiced & stir-fried with garlic, red onions & red pepper.	5.25
<b>Garlic Mushrooms</b> Lightly spiced mushrooms highly flavoured with garlic.	3.50
<b>King Prawn Butterfly</b> Prepared with spicy batter fried with breadcrumbs.	4.95
<b>Chicken Chaat</b> Highly flavoured sliced chicken.	3.50
<b>Prawn Cocktail</b> Fresh prawns topped with seafood dressings.	3.50

## Tandoori Dishes

Prepared in a clay oven. Delicately spiced and marinated overnight.  
Served in a hot sizzler with side salad and a delicious yoghurt sauce.

<b>Chicken or Lamb Tikka</b> Marinated chicken or lamb pieces barbecued in the tandoori oven.	6.75
<b>Tandoori Chicken</b> Half a spring chicken (2 pieces) marinated & barbecued in the oven.	6.75
<b>Tandoori Shaslick</b> Chicken or lamb grilled with onions, tomatoes & capsicums.	7.75
<b>Tandoori Mixed Grill</b> Selection of chicken tikka, lamb tikka, spring chicken & sheek kebab.	9.95
<b>Tandoori King Prawn</b> King prawns marinated & barbecued in the tandoori oven.	10.50
<b>Tandoori Chops</b> Succulent pieces of lamb chops marinated and grilled in tandoori oven.	8.50
<b>Tandoori King Prawn Shashlick</b> Marinated king prawns grilled with onions, tomatoes and capsicum.	11.50
<b>Machli &amp; Sabji Kebabs</b> Marinated fish cubes grilled in tandoori oven with red onion & vegetables.	9.95

## Spice Specialities

<b>Chicken or Lamb Tikka Massala</b> Pieces of barbecued chicken or lamb in a specially flavoured yoghurt sauce.	7.75
<b>Chicken or Lamb Passanda</b> Marinated chicken or lamb in a creamy yoghurt sauce with ground nuts.	7.75
<b>Butter Chicken</b> Barbecued chicken in a creamy sauce with ground nuts and Indian butter.	7.75
<b>Muglai Chicken</b> Spring chicken in a specially flavoured yoghurt sauce with fruits and cream.	7.75
<b>Chicken or Lamb Tikka Bhuna</b> Barbecued chicken or lamb cooked in a special spicy thick sauce with tomatoes.	7.75
<b>Chicken or Lamb Tikka Jalfrezi</b> Cooked in a fairly hot and spicy sauce with onions, capsicum and fresh chilli.	7.75
<b>Chicken or Lamb Achar</b> Spicy bhuna curry with a pickled flavoured sauce.	7.75
<b>Chicken or Lamb Korai</b> Highly flavoured, cooked with tomatoes & capsicum.	7.75
<b>Chicken or Lamb Jeera</b> Cooked in thick sauce, highly flavoured with dry roasted cumins.	7.75
<b>Garlic Chicken or Lamb Tikka</b> Served with fried onions, garlic & coriander, sizzling in butter with salad.	7.75
<b>Special Chilli Masala</b> Chicken or lamb tikka pieces prepared in hot chilli and coriander sauce.	7.95
<b>Chicken or Lamb Hasina</b> Tikka pieces cooked in special sauce with onion, capsicum and chilli topping.	7.95
<b>Chicken Delight</b> Breast fillets in a sweet & creamy sauce flavoured with fresh coriander & garlic.	7.95
<b>Chicken Silsila</b> Specially marinated breast fillets in a rich textured creamy sauce.	7.95
<b>Tandoori King Prawn Masala</b> Barbecued king prawns prepared in specially flavoured yoghurt sauce.	10.95
<b>Tandoori King Prawn Korai</b> Highly flavoured with fresh herbs cooked with tomatoes and capsicum.	10.95
<b>King Prawn Silsila</b> Specially marinated king prawns in a rich textured creamy sauce.	11.25
<b>King Prawn Delight</b> King prawns in a sweet & creamy sauce flavoured with coriander & garlic.	11.25
<b>King Prawn Chilli Masala</b> King prawns prepared in fresh hot chilli and coriander sauce.	11.25
<b>Special Garlic King Prawns</b> Lightly spiced king prawns in highly flavoured garlic & coriander sauce.	11.25
<b>King Prawn Nowabi</b> King prawns in a rich textured sweet & tangy sauce, served with fresh salad.	11.50
<b>Spice Lamb Chops Zafrani</b> Tender lamb chops in spicy sauce with red onions, red peppers & chillies.	9.50

## Spice Fish Specialities

Dishes created using the best of Bangladeshi fresh water fish.

<b>Machli Delight</b> Delicately spiced fillet of fish in a sweet & creamy sauce with a hint of butter.	9.95
<b>Garlic Fish Tikka Masala</b> Classic masala dish with garlic flavoured fillet of fish.	9.95
<b>Machli Hot Masala</b> Exquisitely spiced fillet of fish in a spicy hot sauce.	9.95
<b>Machli Biran</b> Fillet of fish pan fried, served on bed of stir-fried red onions & vegetables.	9.95